

Staying Connected

Volume 21 - Issue 5

November 7, 2024

Sisters of St. Francis
of Mary Immaculate



Wishing Everyone a
Blessed Thanksgiving!
May Peace and All Good
Things Prevail

Our Day of Reflection: Building a Bridge from Gospel to My Own Story

*Presented by Mary LaMont
from the Knocking Door*
By Janine Hicks, Associate

It was a spiritual delight to spend the day with sisters and associates on October 19, 2024. Mary LaMont helped us to focus on our own story and our mission moving forward. She is the author of **Story Work/Story Play: The Four Door Method of Narrative Spirituality**. "Narrative spirituality is an approach to



working with scripture that puts personal story in dialogue with scripture story, giving us a chance to see more clearly how God has been at work in our life." Through several sessions and activities, we worked at our tables to understand "what is our purpose?" What is our problem to solve? Understanding the power that we have and the actions we can take. She brought out in me a sense of knowing myself



and understanding that I do not need to prove myself to God, He loves me unconditionally but he is there to guide me towards the future.

One of the attendees was Peggy Quinn who stated: "The day with the associates was really rich, both socially in seeing our sisters and associates but also spiritually. Mary LaMont presented Narrative Spirituality. The explanations of their spirituality and the exercises that followed allowed us to begin to find our story: our life question, our purpose, our power to share with the world and the actions we can live into really, struck me to deepen the meaning in my life in a very natural way. I will share her book with whomever wants to use it."

For more information about Mary LaMont or about The Knocking Door, check out their website at <https://www.theknockingdoor.com/>.





Day of Reflection continued



Message from LSAP Goals 1,4 Members

Please join us in reflection and prayer for Care for the Earth as posted each day in November. As members of the LSAP team on sustainability we invite you to consider joining our team which meets monthly.

Associate Carol Baranski
Associate Janine Hicks
Sister Brigid Jacobs
Associate Pam Leddy
Sister Jane Nienaber



Message From JPIC

By Sr. Peggy Quinn

Since we are focusing our *Laudato Si'* Action on the *climate crisis* for this year, we wanted to share an update.

October 24th was

International Day of Climate Action. We

also received on this a message October 24th that we had \$180.00 to reinvest in KIVA, a microfinancing worldwide project that we have participated in for years. That message inspired us to reinvest that money in eco-friendly loans projects. Over the last 10 years or so we have donated over \$44,000 to small projects throughout the world to help those who cannot get loans. The money keeps giving.

We generally loan to women and this time chose two projects for El Salvador for two different women. One was for a food project, and one was for eco-friendly farming. Their stories were compelling. I include the story shared with us that motivated our eco-friendly action.

For Ann, harmful emissions were a real-world problem for her family. After farming every day, Ann loved to cook for her children, but their old stove emitted smoke and fumes that caused respiratory issues.

With a Kiva loan of just \$75, Ann bought an eco-friendly cookstove — protecting her family from household air pollution and reducing their carbon footprint.



kiva

Human Trafficking Joint Franciscan Committee



By Kim Wolf, OSF and Peggy Quinn, OSF

On October 24th a number of members of the Human Trafficking Franciscan Joint Committee, along with several other Joliet Franciscans, attended the 28th Annual "Take Back the Night" Vigil and March against Violence at Crossroads Christian Church in Joliet. The Human Trafficking Committee had a display table, as did other groups that offer help in the Joliet area. The purpose of the night is to raise awareness of domestic abuse in Will County.

In one part of the program a woman told her son's story, his abuse and eventual murder by his gay partner. Another part of the program named people who have lost their lives to domestic violence in Will County throughout the last 10 years. Before the program began they asked for volunteers to participate in the ritual reading of names of victims. Several of us participated in this. In the darkened room, as the name, age, and date



Members of the Human Trafficking Joint Franciscan Committee, Kathleen McGowan and Dan Knapp

of death of each person is called out, the volunteer went to the front of the room and they all stood in a row and shone the flashlight on the name placard with the name of the deceased. It was quite moving as the 82 names were called out, ranging in age from unborn to 72. After the program some of the others marched around a few blocks in the area with signs they had made to raise awareness of this problem. It was a sobering evening, but a great way to raise awareness. In the printed program for the evening were five clips written by women caught in domestic abuse situations. Most of them wrote how they went to police departments in Will County and were turned away and not given any help.



WILL COUNTY ★★
**TAKE BACK
THE NIGHT**

MARCH | VIGIL | RALLY



Thursday, October 24, 2024

5:00 p.m. | Resource Tables

6:00 p.m. | Program

Crossroads Church, 2312 Essington Rd, Joliet IL 60435

Take Back The Night brings survivors, supporters, activists, and community leaders together in a call for the end of gender-based violence.

Featured Speaker: **Mary Jo Claffy**

Feast of the Immaculate Conception

Monday, December 9, 2024

Assembly Hall

St. Clare Campus (USF)

1550 Plainfield Rd

Joliet, IL 60435

Mass at 10:30 am

Followed by Luncheon

Please RSVP by November 25 to
Karen Garifo at 815-725-8735 x116,
kgarifo@jolietfranciscans.org
or [Click below to register online.](#)

*Let us know if you have any dietary
restrictions or need transportation.

LINK: https://docs.google.com/forms/d/e/1FAIpQLSfUMdhLgnGc1FcUglO8XJBnJ0rFUuCaFc_Hc0iuqzDW7WEIw/viewform



Heritage Woods, Assisted Living Facility, Participates in "Trunk-or-Treating"

By Sr. Rosemary Huzl

This Halloween, some trick-or-treaters, instead of walking through neighborhoods, will opt for a more stationary form of candy collecting: **TRUNK-OR-TREATING**.

The idea is simple: Participants go and bring their cars to a central location, usually a parking lot. Families decorate their cars for Halloween, sometimes creating elaborate scenes out of their trunks. Then participants, (usually children), walk from vehicle to vehicle, collecting candy the way they would during a normal trick-or-treat outing in neighborhoods.

The origins of trunk-or-treating appear to be church groups in the 1990s, who planned these festivals to provide an alternative to trick-or-treating on Halloween. Gradually, it caught on with other groups, who often planned these events for other days in the lead-up to Halloween.

This year, the 6 Joliet Franciscan Sister residents of Heritage Woods in Minooka, Illinois, witnessed this event first hand. Some residents sat outside and watched the stream of adults and children, others watched from their bedroom windows as decorated cars opened their trunks filled with Halloween treats. Even the Heritage Woods bus participated with its doors opened and staff handing out candy. Sister Lourdes Boyer took some great pictures. She even had dog treats for a friendly dog she often meets on her daily walks around the property. (Not to worry, the owner of the dog always has it on a leash.)

The event, sponsored by the Minooka United Methodist Church in collaboration with Heritage Woods, took place on Sunday, October 27th, from 2:00-4:00 pm, The Church's advertisement read, "We're taking over the parking lot at Heritage Woods Assisted Living, There's plenty of street parking available for all our guests. Bring your little ghosts and ghouls out for a hauntingly good time for all! We can't wait to see you there"!

It was a beautiful seasonal, eventful day shared together by youth and elderly. A great time was had by all.



How much do you know about Thanksgiving?

- 1: What Thanksgiving vegetable was grown in space?
- 2: How many people attend the Macy's Thanksgiving Day Parade in New York City?
- 3: What state raises the most turkeys?
- 4: What is typically the biggest safety hazard on Thanksgiving?
- 5: How many guests do those hosting Thanksgiving dinner usually have on average?
- 6: How many women were at the very first Thanksgiving celebration?
- 7: Which Native American acted as an interpreter?
- 8: Which city's Thanksgiving Day Parade ends with Santa Claus getting a key to the city?
- 9: According to the *Guinness Book of World Records*, how much does the heaviest turkey on record weigh?
- 10: What town canceled Thanksgiving because they couldn't make pumpkin pies?
- 11: What professional football team has played almost every Thanksgiving since 1934?
- 12: What city is home to the oldest Thanksgiving parade?
- 13: What did President Calvin Coolidge famously receive as a Thanksgiving gift?
- 14: How long was the first Thanksgiving?
- 15: What food did the colonists and Native Americans not have at the first Thanksgiving?
- 16: What area of Massachusetts still looks just like it did in the 17th century?
- 17: What president refused to declare Thanksgiving a holiday?
- 18: What wasn't part of the first Macy's Thanksgiving Day Parade?
- 19: A Thanksgiving turkey mix-up inspired what popular meal trend?
- 20: How many turkeys do Americans prepare each Thanksgiving?



For more questions and the explanations of the answers, go to:

https://www.goodhousekeeping.com/holidays/thanksgiving-ideas/a35457/thanksgiving-trivia/?utm_source=google&utm_medium=cpc&utm_campaign=mgu_ga_ghk_d_bm_prog_org_us_a35457&gad_source=1&gclid=CjoKCQjw4Oe4BhCcARIsADQocskfgkE91LBsu6bSKqQNLPGTfHU1Ke1ZDIYZhGh4PkRH3MiSpGQD4DwaAqXUEALw_wcB

Answers on page 12

A Prayer of Thanksgiving

Let us remember that we are in the holy presence of God.

Loving Creator,

We asked for strength, and you gave us difficulties to make us strong.

We asked for wisdom, and you gave us problems to solve.

We asked for prosperity, and you gave us purpose and brains to use.

We asked for courage, and you gave us fears to overcome.

We asked for patience, and you gave us situations where we were forced to wait.

We asked for love, and you gave us troubled people to help.

We asked for justice, and you called us to be just and to lead with integrity.

Lord, we have received nothing that we asked for or wanted.

And yet, we received everything that we needed.

For this, we give thanks.

Written and offered by Dr. Colleen Hanycz on 1/25/21 at the "Introduction to the Xavier Community" event upon her selection as the 35th president of Xavier University

<https://www.xavier.edu/jesuitresource/online-resources/prayer-index/thanksgiving-prayers#:~:text=Thank%20you%2C%20Lord%2C%20for%20the,with%20kind%20words%20and%20actions.>

November 15 — National America Recycles Day

AMERICA RECYCLES DAY

Each year on November 15, millions of people across the United States take part in America Recycles Day. The day raises awareness about recycling and the purchasing of recycled products.

#AmericaRecyclesDay

How we recycle and reuse products are important. For example, one-use water bottles flood America's waterways and landfills at a rate of **60 million** per day. Reducing this number can be achieved with water filtration devices and using portable re-usable drinking bottles and cups.

Reduce waste by repurposing and reusing old items. One of the best ways to do this is by shopping at secondhand stores. Not only does it prevent items from ending up in the landfill, but it also saves you money. The old adage, "one person's junk is another person's treasure," holds true. These stores offer more than you might imagine, from clothing and furnishings to kitchen items and replacement parts. If you've never shopped this way, consider it. One area where we excel at recycling is aluminum. In fact, the U.S. recycles about 65% of its aluminum. That's more than any other recycled item.

- In America, 105,800 cans are recycled every minute.
- Your television can run for 3 hours from the energy saved by recycling one can.
- In 2019, an aluminum can was worth about 1.7 cents.
- The industry pays more than \$1 billion annually for recycled cans.

Your waste management professions are a wealth of information regarding recycling. They'll give you the hard facts and steer you in the right direction, too. The role of waste management goes far beyond garbage collection. In each community, they provide various services and programs designed to protect and reduce the impact we have on our environment.

AMERICA RECYCLES DAY HISTORY

The National Recycling Coalition created America Recycles Day was started in 1997. Each year, the President declares the day, encouraging Americans to commit to recycling. Since 2009, this day has been a program of Keep America Beautiful. Organizations host thousands of events across the United States to raise awareness about the importance of recycling and offer personal pledges that you can sign, committing to recycling and buying products made from recycled materials.

Q. Are there different types of recycling?

A. Yes. There are three main types of recycling. The first, and probably one you are most familiar with, is called primary recycling. Primary recycling is the process of recycling materials into more of the same items - glass bottles into glass bottles, plastic bottles into plastic bottles, paper into paper, cardboard boxes into cardboard boxes. The next type is secondary recycling. Similar to primary recycling in that secondary recycling uses the same materials. However, the process creates something new. Plastic bottles become plastic furniture; rubber tires become playground turf. Finally, tertiary recycling chemically transforms a product into a new, usable product.

PEPLA
WRLYEAMOF
ODRGU
SSTEERLT
NOCKOGI
FVSETOELR
AICRPUNOC
IMEAZ
RNHTEAGIG
STAHKN
IPE
ORIDATINT
LOSRL
AYIFLM
SEORALSCE



RADEB
ELEVAS
ETLRAEECB
ODTINRITSA
FDEINRS
LIBTGSE
HTMLPOYU
LGSEISBNS
AQHSUS
RENARERCIBS
NIGIGV
BEORBLC
RCNO
UALGFTER
REDNIN



Answers to the Thanksgiving Quiz

1. The potato
2. 3.5 million
3. Minnesota.
4. Fires
5. 11
6. Four
7. Squanto
8. Detroit
9. 86 pounds
10. Colchester, CT
11. The Detroit Lions
12. Philadelphia
13. A live raccoon
14. Three days
15. Turkey
16. Plymouth, MA
17. Thomas Jefferson
18. Balloons
19. Frozen TV dinners
20. 46 million



Answers to Word Scramble on page 12

Recipe Corner:

LEFTOVER THANKSGIVING TURKEY SANDWICH

Ingredients:

- 2 Tbsp. mayonnaise
- 2 Tbsp. Dijon mustard
- 4 slices sourdough, toasted
- 2 c. leftover roasted turkey
- 1/2 leftover mashed potatoes
- 1/2 c. cranberry sauce
- 1/2 c. leftover stuffing
- 1/4 c. gravy, warmed
- 1/4 c. baby spinach, packed

Directions

Step 1—In a small bowl, mix together mayo and mustard. Spread one side of two pieces of bread with Dijonnaise mixture. This is your base for both sandwiches.

Step 2—Top each of the two slices of bread with 1 cup of turkey, 1/4 cup of mashed potatoes, 2 tablespoons cranberry sauce, 1/4 cup of stuffing, and then 2 tablespoons of gravy and spinach.

Step 3—Place second pieces of bread on top to complete sandwiches. Slice in half and serve.



Thanksgiving

Word Scramble

PEPLA	APPLE
WRLYEAMOF	MAYFLOWER
ODRGU	GOURD
SSTEERLT	SETTLERS
NOCKOGI	COOKING
FVSETOELR	LEFTOVERS
AICRPUNOC	CORNUCOPIA
IMEAZ	MAIZE
RNHTEAGIG	GATHERING
STAHKN	THANKS
IPE	PIE
ORIDATINT	TRADITION
LOSRL	ROLLS
AYIFLM	FAMILY
SEORALSCE	CASSEROLE

Thanksgiving

Word Scramble

RADEB	BREAD
ELEVAS	LEAVES
ETLRAEECB	CELEBRATE
ODTINRITSA	TRADITIONS
FDEINRS	FRIENDS
LBTGSE	GIBLETS
HTMLPOYU	PLYMOUTH
LGSEISBNS	BLESSINGS
AQHSUS	SQUASH
RENARERCIBS	CRANBERRIES
NIGIGV	GIVING
BEORBLC	COBBLER
RCNO	CORN
UALGFTER	GRATEFUL
REDNIN	DINNER

Facebook Prayer Authors

November LSAP Goals 1, 4 Members
December Associate Dorothy Nesbit

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If you would like to submit an item for *Staying Connected*, or if something you have requested to be published is inadvertently omitted, please e-mail Sister René Simonelic at rsimonelic@jolietfranciscans.org or Renée Cipriani at rcipriani@jolietfranciscans.org